

# VIRECHANA

आयुर्वेदिक विरेचन पचकमे के  
फायदे और विधि



- All types of Pittaja diseases
- Psoriasis
- All types of Skin diseases
- PCOS & Infertility
- Obesity
- High Cholesterol
- Cancers
- Fibroids
- Indigestion,
- Constipation
- Gastric problems
- Hyperacidity
- Diabetes
- Male Infertility
- Kidney problems
- Liver Problems

It is a one of the 5 main cleansing Panchkarma which help in removing toxins through anal route by causing diarrhoea.

- This therapy helps in removing all the toxins from stomach.
- It boosts metabolism & thus cures all digestive & metabolic diseases. It improves appetite & digestion.
- It removes excess heat from body.
- As it stimulates metabolism, it helps to lose weight, balance sugar levels, balance levels of all micronutrients.
- It also helps removing toxins from deepest layers of skin to cure skin diseases.



Satvik

Ayurveda & Panchkarma

Essence of True Health