

VAMANA

It is a one of the prime cleansing Panchkarma which help in removing toxins through vomiting.



- This therapy helps in removing all the toxins from stomach.
- It boosts metabolism & thus cures many metabolic disorders.
- It removes all the toxins of respiratory system as well & thus cures diseases like asthma, T.B., cough, cold, etc.
- As it stimulates metabolism, it helps to lose weight, balance sugar levels, balance levels of all micronutrients.
- It also helps removing toxins from deepest layers of skin to cure skin diseases.

- All types of Kaphaja diseases
- Psoriasis
- PCOS & Infertility
- Obesity
- High Cholesterol
- Leucoderma
- Vitiligo
- Cancers
- Fibroids
- COPD
- Cough , Cold
- Allergic Sinusitis
- Asthma
- Tuberculosis
- Filariasis
- Diabetes



Satvik

Ayurveda & Panchkarma

Essence of True Health