## **SHIRO - ABHYANGA**

In this therapy,
Head is
massaged with
special Herbal
Relaxing
Massage oils



- Mental Stress
- Fatigue
- Hairfall
- Depression
- Anxiety
- Hairloss / Baldness
- Memory Loss



- •Special Oils used in this therapy help in deep relaxation of mind bringing it to state of subconscious mind.
- It activates parasympathetic system of body.
- It regulates hormones & boosts memory
- •Herbs used in this therapy improves immunity of scalp, strengthens hair roots & cures various diseases of scalp & Hair.