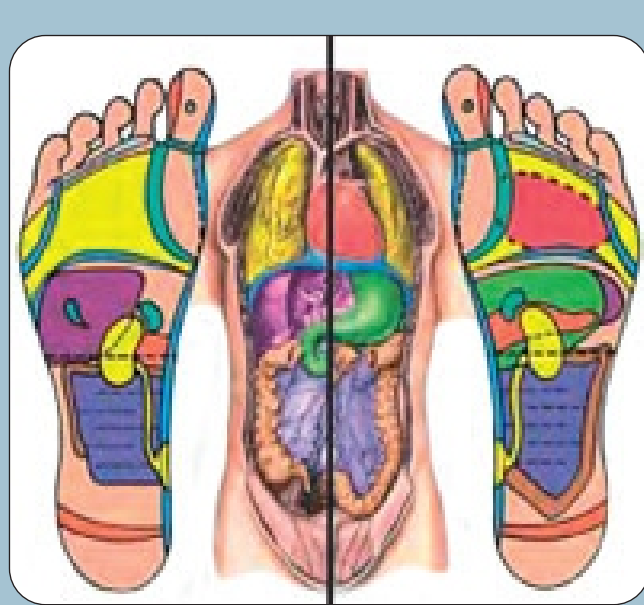


PADA ABHYANGA

In this therapy,
Foot sole is
massaged with
medicated ghee
using brass
vessel.



- Relaxation of Eyes
- Relaxation of Whole body
- Removal of toxins from body
- Removal of excessive heat from body
- For crack free smooth feet



- It is said that nerves in sole of leg are connected to whole body upto brain. So this traditional therapy of PADA ABHYANGA helps rejuvenating and activating whole body.
- It relaxes eyes and whole body.
- It removes toxins from whole body.



- As per principles of Ayurved, it removes excessive heat from body & thus helps in calming of body & mind.